

<b>WLC</b>		<b>Day 1</b>			<b>Day 2</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						
<b>WLC</b>		<b>Day 3</b>			<b>Day 4</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						
<b>WLC</b>		<b>Day 5</b>			<b>Day 6</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						

<b>WLC</b>		<b>Day 7</b>			<b>Day 8</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						
<b>WLC</b>		<b>Day 9</b>			<b>Day 10</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						
<b>WLC</b>		<b>Day 11</b>			<b>Day 12</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						

<b>WLC</b>		<b>Day 13</b>			<b>Day 14</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						
<b>WLC</b>		<b>Day 21</b>			<b>Day 28</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						
<b>WLC</b>		<b>Day 35</b>			<b>Day 42</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						

<b>WLC</b>		<b>Day 49</b>			<b>Day 56</b>		
<b>#</b>	<b>Measurement</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>1</b>	<b>2</b>	<b>3</b>
<b>1</b>	Weight						
<b>2</b>	Suprailiac						
<b>3</b>	Waist						
<b>4</b>	Hips						
<b>5</b>	Chest/Back						
<b>6</b>	Right Thigh						
<b>7</b>	Left Thigh						
<b>8</b>	Right Calf						
<b>9</b>	Left Calf						
<b>10</b>	Right Arm						
<b>11</b>	Left Arm						
<b>12</b>	Right Forearm						
<b>13</b>	Left Forearm						